# The Precarity Penalty 

The impact of employment precarity on individuals, households and communities
-and what to do about it
Neighbourhood Change Research Partnership Research Conference 19 May 2016


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IN SOUTHERN ONTARIO

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## Why we looked at employment

- Shift toward a community impact orientation in 2003
- Losing Ground research in 2007
- Intelligence from member agencies - our city's social barometer
- Wanted to examine the impact of changing employment on life outside of work
"We're just giving you jobs or work as it comes. . . . You don't have benefits. . . . If you get assigned work, great; if you don't, you don't get any. . . . That was stressful because you could get a month without work and then suddenly work a long weekend, twelve hour shifts. . . . You get all this money, but you have to make it last because who knows when they're going to call you again."
-Rafael


# It's More than Poverty 

Employment Precarity and Household Well-being


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# The Precarity Penalty 

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## The Study

- Random survey of 4,193 individuals by Leger Marketing
- Covers Hamilton and the GTA
- 28 interviews with individuals in precarious employment


## How to measure precarious employment?

- Form of the employment relationship
- Is it temp agency work, short-term, casual, own account self-employed?
- Characteristics of the employment relationship
- Employment Precarity Index

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## The Employment Precarity Index

## What is included?

- Not paid if miss work
- Not in standard employment relationship
- Weekly income not stable
- Hours worked not stable
- Work on-call
- Don't know work schedule in advance
- Paid in cash
- Temporary employment
- No benefits
- Weak voice at work

What is not included?

- Income


## Many people can be trapped in precarious jobs that make it hard to build a stable, secure life.

"I've done so much temporary work, and no one's ever made me permanent or extended the contract. . . and it's really frustrating because I'm tired of temping. I just want some stable employment, and it's so frustrating."
-Tanvi

# Fewer workers are in permanent full-time employment in the 2014 sample 

Figure 1: Employment categories in the GTHA, 2014(\%)

* In the "Other" category, 70\% are in full-time employment but either receive no benefits beyond a wage or are unable to confirm they would be with their current employer for at
least 12 months. 15\% are self-employed with employees and 14\% are in full-time employment but their hours varied from week to week and in some cases could be
less than 30 hours.


## Source:

PEPSO survey 2014. This figure is a revised
version of Figure 1 in the full report.


Permanent full-time employment with benefits

Permanent part-time

Temporary and contract

Other*

We use the figure and table numbers from the full report in this executive summary to make cross-referencing and citations easier for readers. Figure and table numbers are therefore not sequential in this document.

## Many people in precarious jobs have a hard time moving into better opportunities.

"I've never been at a job where they were offering that kind of training. They actually wanted you to know the stuff already. . . . They're not going to say "Oh, we're going to be willing to train." All they see is a bunch of applicants in front of them and they're not going to take somebody on that doesn't have the training or the experience."
-Francesca

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## They earn less income and live in households with less income

Figure 14: Average individual and household income by employment security: 2011-2014 GTHA (\$)
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## Workers in precarious employment do not receive supplemental health benefits.

Figure 33: Employer funds drug, vision and/or dental benefits by employment
security (\%)


Source:
PEPSO survey 2014
Significant at $p<=.001$. This
question is included in the
Employment Precarity Index. Survey respondents were asked if they have any of these benefits.

## Workers in precarious employment do not get paid if they miss work.

Figure 35: Paid if misses a day's work by employment security (\%)


## They have less access to training.

Figure 38: Self-funded versus employer-funded training by employment security and individual income (\%)


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## Lack of childcare is an issue for workers in precarious employment.

Figure 85: Lack of access to childcare limits ability to work by employment security (\%)


# Precarious employment has a major impact on the health and well-being of individuals and their families. 

"You're just constantly fighting for work; you're constantly trying to find work. . . . But the way that my brain is going right now is like I just need a steady income because this is just getting ridiculous. Where I'm at right now is, financially, really precarious; it's really precarious."
-Eva

## Precarious employment is associated with increased risk of mental health issues.

Figure 58: Mental health is less than very good by employment security (\%)


Source:
PEPSO survey 2014.
Significant at $p<=.001$.

## Precarious employment is associated with increased anxiety at home.

Figure 67: Percentage reporting anxiety over employment interferes with personal or family life (Reference worker= $38.1 \%$ *)

* Reference worker: Canadian-born, white male in Precarious employment, household income $\$ 60,000-$ \$79,999, aged 35-44. The analysis also controls for living alone, children in household.

Source:
PEPSO survey 2014. Maroon bars significant at the 5\% level. Analysis based on logistic estimations. The non-citizen category included 219 workers of whom about two-thirds are racialized.


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## Precarious employment is associated with increased anxiety at home.

Figure 66: Anxiety about employment situation interferes with personal or family life by employment security and household income (\%)


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## Precarious employment is associated with increased income stress.

Figure 74: Concerned about maintaining standard of living in the next 12 months by employment security and household income (\%)


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## Precarious employment is associated with increased income stress.

Figure 70: Impact of income and employment security on Income Stress Index (Reference worker score=45.6*)


* Reference worker: Canadian-born, white male in Precarious employment, household income $\$ 60,000-\$ 79,999$ aged 35-44. The analysi also controls for living alone and children in household.

Source:
PEPSO survey 2014. The Income Stress Index includes: employment keeping up with bills: concern about debt concern about maintaining standard of living; income lower this year. Estimates calculated using OLS calculated using OLS regression. Maroon bars
significant at the $5 \%$ level. The non-citizen category includes 219 workers of includes 219 workers of are racialized.


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## Precarious employment can affect children.


 Significant at $p<=.001$.

Household low-
income< $\$ 60,000$, middleincome $\$ 60,000$ - $\$ 99,999$, high-income=>\$100,000.

Figure 82: Unable to pay for activities outside of school by employment security and household income (\%)

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## Workers in precarious employment can be more isolated.

Figure 102: Does not have a friend at work to ask a favour of by employment security and household income (\%)
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## They volunteer more for job opportunities.

Figure 95: Volunteers to improve job opportunities by employment security and household income (\%)


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# Precarious employment is bad for everyone -but your race, gender and where you were born can make things worse. 

"I couldn't find job. I looked and looked . . . so I said "you know what? It is not there". . . This is very, it's very degrading, it's very humiliating. . . . It makes me feel like "okay, I'm not doing well here, so maybe I had to go back to where I come from, because I'm just getting by in this country."

## -Sofia

## Workers in precarious employment face more discrimination

Figure 46: Discrimination is a barrier to getting work by employment security (\%)


Figure 52: Discrimination is a barrier to advancement by employment security (\%)


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## Racialized workers report more discrimination

* Reference worker: Canadian-born, white male in Precarious employment, individual income $\$ 40,000-\$ 79,999$, aged 35-44.

Source:
PEPSO survey 2014. Maroon bars significant at the $5 \%$ level. Analysis based on logistic estimations. The noncitizen category included 219 workers of whom about two-thirds are racialized.

Figure 48: Percentage for whom discrimination is a barrier to getting work (Reference worker=10.3\%*)



There are practical solutions that will
give people in precarious jobs a
pathway to more stability and security

1. Building a dynamic labour market that supports workers in precarious employment
2. Ensuring that jobs are a pathway to income and employment security
3. Enhancing social and community supports for a new labour market
4. Building a dynamic labour market that supports workers in precarious employment

- Building a workforce-development plan for a changing labour market
- Providing training opportunities for those in insecure employment
- Enabling more secure employment
- Addressing discrimination in hiring, job retention and advancement

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## 2. Ensuring that jobs are a pathway to income and employment security

- Modernizing employment standards
- Reducing the impacts of irregular work schedules for workers
- Improving income security for workers in precarious jobs
- Enhancing access to benefits for workers in insecure jobs
- Supporting voice at work

3. Enhancing social and community supports for a new labour market

- Enabling flexible, quality childcare
- Improving access to community services
- Creating accessible opportunities for children and youth
- Ensuring meaningful volunteer opportunities


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[^0]:    May 2016 NCRP Research Symposium Presentation

